

New Horizon Church

How to Live through a Bad Day Pt. 4 – Look to God for Difficult Answers

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1. The faithful can feel
Matthew 27:46 (NIV), "My God, my God, why have you forsaken me?"
Psalm 10:1 (NLT), "O LORD, why do you stand so far away? Why do you hide when I am in trouble?"
1 Kings 19:3-5 (NIV), " ³ Elijah was <u>afraid and ran for his life</u> . When he came to Beersheba in Judah, he left his servant there, ⁴ while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and <u>prayed that he might die</u> . 'I have <u>had enough</u> , LORD,' he said. ' <u>Take my life</u> ; I am no better than my ancestors.'"
2. <u>Learn</u> the lesson and the pain.
2 Corinthians 1:9 (NLT), "In fact, we <u>expected to die</u> . But as a result, we stopped relying on ourselves and <u>learned to rely only on God</u> , who raises the dead."
Hebrews 5:8 (NLT), "Even though Jesus was God's Son, he <u>learned</u> obedience from the things he <u>suffered</u> ."
Isaiah 55:8-9 (NLT), "My thoughts are <u>nothing</u> like your thoughts," says the LORD. "And my ways are <u>far beyond</u> anything you could <u>imagine</u> . ⁹ For just as the heavens are higher than the earth, so <u>my ways</u> are higher than your ways and <u>my thoughts</u> higher than your thoughts."
3. Trust that God is you.
2 Corinthians 1:3 (NIV), "Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort."
Deuteronomy 31:8 (NIV), "The Lord himself <u>goes before you and will be with you</u> ; He will <u>never leave you nor forsake you</u> . Do not be afraid; do not be discouraged."
Isaiah 63:9 (NLT), "In all their <u>(my)</u> suffering he also suffered, and he personally rescued them <u>(me)</u> . In his love and mercy, he redeemed them <u>(me)</u> . He lifted them <u>(me)</u> up and carried them <u>(me)</u> through all the years."

4. L	ook to God's
Hebrews headed."	s 12:2 (MSG), "because he never lost sight of where he was
	s 11:1 (NLT), "Faith shows the reality of what we hope for; it is ence of things we cannot see.
earned a universe	a 11:2-3 (NLT), ² Through their faith, the people in days of old a good reputation. ³ By faith we understand that the entire was formed at God's command, that what we now see did not m anything that can be seen ."
yet none planned s	a 11:39-40 (NIV), " ³⁹ These were all commended for their faith , of them received what had been promised , ⁴⁰ since God had something better for us so that only together with us would they perfect ."
bodies a present to a glory the at the tro	nians 4:16-18 (NLT), "16 That is why we never give up. Though our are dying, our spirits are being renewed every day. 17 For our roubles are small and won't last very long. Yet they produce for us nat vastly outweighs them and will last forever! 18 So we don't look publes we can see now; rather, we fix our gaze on things that
	e seen . For the things we see now will soon be gone , but the things ot see will last forever ."
5. – Psalm 22 Why are ² My God	while asking why. 2:1-3 (NIV), "1 My God, my God, why have you forsaken me? you so far from saving me, so far from my cries of anguish? I, I cry out by day, but you do not answer, by night, but I find no et you are enthroned as the Holy One; you are the one Israel
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