



How to Live through a Bad Day
Pt. 5 – Acknowledge Your Own Needs

New Horizon Church 05-24-2020 Pastor John Raymond

1. **Become** _____.

John 19:28-29 (NIV), “Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, “**I am thirsty.**” ²⁹ A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus’ lips.”

Matthew 26:39 (NLT), “³⁹ He went on a little farther and bowed with his face to the ground, praying, “My Father! If it is possible, **let this cup of suffering be taken away from me.** Yet I want your will to be done, not mine.”

2. **Overcome the fear of** _____.

John 12:42-43 (NIV), “⁴² Yet at the same time many even among the leaders believed in him. But because of the Pharisees they would not openly acknowledge their faith for fear they would be put out of the synagogue; ⁴³ for **they loved human praise more than praise from God.**”

2 Corinthians 4:1-2 (MSG), “Since God has so generously let us in on what he is doing, we’re not about to throw up our hands and walk off the job just because we run into occasional hard times. **We refuse to wear masks and play games. We don’t maneuver and manipulate behind the scenes.** And we don’t twist God’s Word to suit ourselves. Rather, we keep everything we do and say out in the open, **the whole truth on display,** so that those who want to can see and judge for themselves in the presence of God.”

3. **Find your** _____ **in Christ.**

Psalms 139:14 (NIV), “I praise you because **I am fearfully and wonderfully made;** your works are wonderful, I know that full well.”

Mark 12:30-31, “You shall love the Lord your God with all your heart, mind, soul, and strength. And you shall **love your neighbor as yourself.**”

4. **Be brave enough to be** _____.

2 Corinthians 12:9-10 (NLT), “So now I am glad to boast about my weaknesses, **so that** the power of Christ can work through me. ¹⁰ That’s why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. **For when I am weak, then I am strong.**”

Psalms 34:17-19 (NLT), “¹⁷ The LORD hears his people when they call to him for help. **He rescues them from all their troubles.** ¹⁸ The LORD is close to the **brokenhearted;** he rescues those whose **spirits are crushed.** ¹⁹ The righteous person faces many troubles, but **the LORD comes to the rescue each time.**”

My Main Take Away: _____
