



How to Live through a Bad Day  
Pt. 1 – Forgive Others

New Horizon Church

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“Your greatest test in life will be how you respond to bad situations and react to people who mistreat you.” – Pastor John

1. \_\_\_\_\_ has bad days, even Jesus.

**Hebrews 2:17-18 (MSG)**, “That’s why he had to enter into every detail of human life. Then, when he came before God as high priest to get rid of the people’s sins, he would have already experienced it all himself – all the pain, all the testing – and would be able to help where help was needed.”

**John 16:33 (NLT)**, “I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world.”

**Hebrews 12:2 (NIV)**, “Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.”

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2. Jesus \_\_\_\_\_ first.

**Luke 23:34 (NIV)**, “Jesus said, ‘Father, forgive them, for they do not know what they are doing.’”

**Matthew 5:43-44 (NIV)**, “You have heard that it was said, ‘Love your neighbor and hate your enemy.’ But I tell you: Love your enemies and pray for those who persecute you.”

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3. The \_\_\_\_\_ forgive.

**Mark 11:25 (NLT)**, “<sup>25</sup> But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too.”

**Matthew 6:12 (NLT)**, “And forgive us our sins, as we have forgiven those who sin against us.”

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4, Forgiveness builds \_\_\_\_\_, not walls.

**Romans 12:17-21 (NIV)**, “<sup>17</sup> Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. <sup>18</sup> If it is possible, as far as it depends on you, live at peace with everyone. <sup>19</sup> Do not take revenge, my dear friends, but leave room for God’s wrath, for it is written: “It is mine to avenge; I will repay,” says the Lord. <sup>20</sup> On the contrary: “If your enemy is hungry, feed him, if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.” <sup>21</sup> Do not be overcome by evil, but overcome evil with good.”

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5. Forgiveness comes from an \_\_\_\_\_ perspective.

**1 Peter 4:1 (NCV)**, “Since Christ suffered while he was in his body, strengthen yourselves with the same way of thinking Christ had.”

**Ephesians 4:30-32 (NLT)**, “<sup>30</sup> And do not bring sorrow to God’s Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption. <sup>31</sup> Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. <sup>32</sup> Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.”

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